

(This Prayer is when children come home after spending time with a parent, and they start to talk about the things that were said or done that bothered them)

Youth Forgiveness Prayer

Jesus you told me to honor authority so in order to honor authority I must forgive them for causing me to feel **hurt or angry:**
(List other emotions you might feel).

Help me to see them the way you see them, through love. Change me so that their comments no longer hurt or affect me. In Jesus name. Amen.

(This Prayer is after they are picked up from seeing or being with their parent)

Youth Cleansing Prayer

Jesus, as I walk away from them and walk to you wash me clean of what they said and did to hurt me. Remove their hurtful words and actions so I no longer feel the pain. Fill me with your love and peace In Jesus name!